

WHAT ARE THE BENEFITS OF AN INTEGRATED REGIONAL SERVICE?

SPEEDIER TRANSFERS

A single point of contact and a Dyfed-wide integrated service will ensure that transfers across areas, agencies and between service elements will be faster.

QUICKER ACCESS TO SERVICES

Instead of calling individual agency numbers, everyone can access one centralised single point of contact - 03303 639997

IMPROVED SERVICES

DDAS is delivered by 3 organisations within a consortium. These agencies are led by Drugaid and include Kaleidoscope and G4S. All these agencies have extensive expertise and specialist knowledge and have come together to deliver evidence based and pioneering services across Carmarthenshire, Pembrokeshire and Ceredigion'.

DDAS (in partnership with Choices young person's services) has a large black bus from which we offer harm reduction services and outreach campaigns. The bus allows DDAS to cover the region and take our services to users. Ask a DDAS or Choices worker for the bus timetable or stick out your thumb as we drive past!

DDAS is funded by the Dyfed Area Planning Board – this is a multi-agency partnership comprised of representatives from Carmarthenshire, Pembrokeshire and Ceredigion County Councils, Hywel Dda Health Board, Dyfed Powys Police and the Police and Crime Commissioners Office, and the National Probation Service.

DDAS operates from a wide variety of local bases across Carmarthenshire, Pembrokeshire and Ceredigion. We also operate from community venues and offer an outreach service. To find out where DDAS is working near you please get in touch via the single point of contact telephone number on:

03303 639 997

confidential@d-das.co.uk

DDAS

Carmarthenshire - 1-3 Vaughan Street,
Llanelli, SA15 3TY

Ceredigion - 25 North Parade,
Aberystwyth, SY23 2JN

Pembrokeshire - First Floor Allied House,
Ebenezer Row, Haverfordwest, SA61 2JP

For information out of normal
working hours please contact:



0808 808 2234

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DDAS

**DYFED DRUG AND
ALCOHOL SERVICE**

An all-in-one substance misuse service for
Ceredigion, Carmarthenshire and Pembrokeshire.

DDAS provides services to:

**Drug and alcohol users including those in
the criminal justice system**

**The families, partners, carers and
friends of drug and alcohol users**

**Professionals from organisations
such as GPs and their surgery staff,
probation workers, social services,
hospital staff, police and staff
employed in housing support services
and other social care agencies**

DDAS provides a single point of contact telephone line and email address for referrals and advice. The single point of contact is available for use by drug and alcohol users, families and professionals. All referrals into Dyfed's substance misuse treatment system can come through this service.

confidential@d-das.co.uk

DDAS OFFERS THE FOLLOWING SUPPORT AND INTERVENTIONS FOR ADULTS WITH SUBSTANCE MISUSE ISSUES:

ENGAGEMENT

- Brief Interventions for drug and alcohol use
- Harm reduction and safer injecting advice
- Needle and syringe programmes
- Open access – drop in to our bases without an appointment
- Single Point of Contact
- Naloxone training and provision
- Access to blood borne virus testing, vaccination and treatment
- Outreach and harm reduction bus
- Health promotion
- Online support resources and bibliotherapy materials
- Motivational groupwork

TREATMENT

- Route in to Opiate Substitute Therapy, detoxification and rehab
- Tailor made treatment packages for all drugs and alcohol including new psychoactive substances
- Evidence-based therapeutic interventions (Behavioural Self Control Therapy, Controlled Drinking/Social Behaviour Network Therapy/Motivational Interviewing/Motivational Enhancement Therapy, Parent and Carer Training)
- Concerned other support
- Access to blood borne virus services
- Groupwork and group therapies
- Health promotion including access to sexual health services

RECOVERY SERVICE

- Intensive aftercare support
- Structured relapse prevention
- Diversionary activities
- Support into volunteering, employment and training
- Online recovery resources
- Mutual Aid
- Weekend and evening recovery events

CRIMINAL JUSTICE SERVICES

- Drug and alcohol arrest referral in police custody suites
- Integrated Offender Management
- Probation Liaison Service
- Statutory court interventions:
- Drug Rehabilitation Requirement
- Alcohol Treatment Requirement
- Alcohol Activity Requirement
- Prison liaison, throughcare and referral services

SERVICE USER INVOLVEMENT

DDAS encourages services users to get involved with the planning, delivery and evaluation of our services. If you are interested in getting involved in shaping DDAS let your worker know.

FAMILY & CARER SUPPORT

The families and loved ones of people who use substances can need as much support as the users themselves. This can include direct family, carers, neighbours, friends, support staff and anyone else in the network around the person affected. We offer comprehensive treatment packages to families, friends and carers that include:

- PACT (Parent and Carers Training)
- Structured support
- Telephone advice & support
- Peer group support
- Mutual Aid

Where practical DDAS encourages concerned others to be part of the support package for the substance user.

TRAINING AND PROFESSIONAL ADVICE

DDAS offers training and support to health and social care staff and a range of other professional agencies working with substance users. This includes:

- basic substance use training
- brief interventions for substance users
- advice, information and guidance on specific substances
- ongoing consultancy and support

PARTNERSHIP WORKING

DDAS works with its partners to ensure that users' needs are met. With the user's consent to share information DDAS staff will refer to specialist local agencies to address more complex issues. These include Community Drug and Alcohol Teams for clinical support and social care.