[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwia1qvindTeAhWPqIsKHXPIDLwQjRx6BAgBEAU&url=http://barod.cymru/&psig=AOvVaw2sPrheMEaI0rq14fQiS7fp&ust=1542296883856838)

**ALCOHOL AWARENESS WEEK: 19TH NOVEMBER – 23RD NOVEMBER**

ACTIVITIES

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Needle Exchange: 9.30 – 12.30  BBV testing: 9.30 – 12.30    Pabrinex Clinic: 11.30 – 12.30 | Needle Exchange: 9.30 – 12.30  BBV testing: 9.30 – 12.30    Pabrinex Clinic: 11.30 – 12.30 | Needle Exchange: 9.30 – 12.30  BBV testing: 9.30 – 12.30    Pabrinex Clinic: 11.30 – 12.30 | Needle Exchange: 9.30 – 12.30  BBV testing: 9.30 – 12.30    Pabrinex Clinic: 11.30 – 12.30 | **PROJECT CLOSED**  Love your Liver: 10am – 4pm – Plymouth Street |
| **Project shut for lunch: 12.30 – 1pm** | **Project shut for lunch: 12.30 – 1pm** | **Project shut for lunch: 12.30 – 1pm** | **Project shut for lunch: 12.30 – 1pm** | **Project shut for lunch: 12.30 – 1pm** |
| Art Group: design a unit awareness poster  Mocktail Monday – all afternoon  Rehabilitation information available  Alcohol awareness quiz – prize draw entry | SMART Recovery: 1.30 – 3pm  Rehabilitation information available  Alcohol awareness quiz – prize draw entry | Lunch club: 1pm – 2pm – Liver health food and mocktails  Rehabilitation information available  Alcohol awareness quiz – prize draw entry | Gym session and liver friendly eating plans – all afternoon  Rehabilitation information available  Alcohol awareness quiz – prize draw entry  SMART Recovery: 6pm – 7.30 | Love your Liver: 10am – 4pm – Plymouth Street  SMART Recovery: 1.30 – 3pm  Rehabilitation information available  Alcohol awareness quiz – prize draw entry |

[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjQnoCDlNTeAhVil4sKHZeEBqwQjRx6BAgBEAU&url=https://www.lifeadvancer.com/post-workout-foods-improve-performance/&psig=AOvVaw3KuCbscg-IfVs1H4SqX2qt&ust=1542294267371919)[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiYuIC1kNTeAhVho4sKHYd9DbgQjRx6BAgBEAU&url=https://www.smartrecovery.org/&psig=AOvVaw0sDe3HmgtY3CDYWWa3MKo8&ust=1542293293708666)[](https://www.raffleplayer.com/britishlivertrust/about)[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwiVw829ldTeAhWoqIsKHa0-DVYQjRx6BAgBEAU&url=https://nl.cocacolabelgium.be/stories/beleef-de-zomer-in-stijl-met-3-alcoholvrije-cocktails&psig=AOvVaw0gGT-0rtGOkPEMcHjxD0ko&ust=1542294601490495)[](https://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjAxpKnktTeAhVtwYsKHffVA2EQjRx6BAgBEAU&url=http://www.allsaintsweston.com/wednesday-lunch-club/&psig=AOvVaw3vC035y0iorJvYlCxS4AzV&ust=1542293404733503)