

MOUNTAIN RECOVERY WALK

If you are a Service User, Family Member, Friend, Provider, Commissioner or Supporter of a Substance Misuse Service

Please join us for a Walk, followed by a BBQ

We are meeting at

Pen y Fan Mountain, Brecon Beacons

11.30am FRIDAY 20TH JULY 2018



Walking up a mountain in a group and the journey of recovery, both need similar characteristics:

Determination-Hope-Strength-Peer Support-Encouragement.

And an attitude that says, no matter how hard it is, I will not give up until I reach the top.....

To book your place as an individual or as a group no later than Friday 13th July

Email: info@chooselifeuk.com