

# Drug and Alcohol services

All of our services remain open and ready to accept new referrals and support you if you are affected by any form of drug or alcohol use during this lockdown.

Below are the numbers to contact in your area or alternatively you can access a free live webchat service on how to receive support at [www.barod.cymru](http://www.barod.cymru)

# Drug and Alcohol services

## West Wales

Adults - DDAS - 0330 363 9997

Young Persons - Choices - 01554 755779

## Swansea Bay

Adults - Barod - 01792 472002

Young Persons - Choices - 01792 472002

## Cwm Taf (Merthyr Tydfil & RCT)

Adults - CTDAS - 0300 333 0000

Young Persons - Sorted - 0300 333 0000

## Gwent

Adults - GDAS - 0333 999 3577

Young Persons - Gwent N-Gage - 0333 320 2751



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**#TimeToBrew**