**Potential posts for Learning at work week**

General

This week is Learning At Work Week.

We’ve got a busy week of events planned for anyone who wants to get involved. You can find out more on our website <https://barod.cymru/learning-at-work-week-2021/>

**Monday 17th May**

(for the morning)

At 1pm today check out our Facebook Live to find out more about learning and how we can make the most of it. You can share your ideas and find out hints and tips from our team <https://www.facebook.com/WeAreBarod/>

(for the afternoon)

Not sure where to start when you want to learn something new?

We’ve got a list of some great websites you can try to get going with learning!

*(see LAW week list graphic in folder )*

Don’t forget that we provide a variety of training for professionals, people who use our services and the general public. For more information on what we offer, check out the training page on our website <https://barod.cymru/what-we-do/training/>

Anytime

**This Thursday, join us for a LIVE VIRTUAL WORKSHOP: Introduction to using Welsh in Work**

Join Joseph, Team Leader for Gwent N-Gage and Chair of Barod’s Welsh Language Champions group for a short workshop on basic phrases to help you to use Welsh when answering the phone or greeting people.

The workshop will take place online between 2pm until 3pm and attendees will need to book via this Eventbrite link <https://www.eventbrite.co.uk/e/law-week-2021-using-welsh-at-work-tickets-154012638949>

**Tuesday 18th May**

Drug Consumption Rooms – check out our new video to find out more about DCRs and why they are needed in Wales! <https://www.youtube.com/channel/UCHLnJ3WNpyHyXHg2tixR1eg/videos>

(Afternoon)

We have a new free eLearning course available all about Harm Reduction. Find out why harm reduction is so important what you can do to reduce the risks for yourself or someone you know who uses drugs.

You can register for free on the Barod eLearning site, where we other courses available as well <https://barod.elearning247.com/>

Anytime

**This Friday, join us for a LIVE WORKSHOP: Social Media and Substances**

Technology has changed the way we go about our everyday lives – and drug use is no exception.

Join Stacey from Gwent N-Gage Young Person’s Service for a short introduction to how social media is being used to talk about and buy drugs so that you can keep on top of this current trend.

This workshop will run between 1pm and 2pm. To attend, please book a space using this eventbrite link <https://www.eventbrite.co.uk/e/law-week-2021-social-media-and-substances-tickets-154022799339>

**Wednesday 19th may**

Morning

Check out our short basic substance misuse awareness video, giving you a quick guide to the information everyone should know about drugs and alcohol. <https://www.youtube.com/channel/UCHLnJ3WNpyHyXHg2tixR1eg/videos>

Afternoon

Today’s free eLearning course focuses on Cannabis and Synthetic Cannabinoids. Packed with information, this course tells you all you need to know about these popular substances.

You can register for free on the Barod eLearning site, where we have other free courses available as well <https://barod.elearning247.com/>

Anytime

Get up to speed on substance info with our YouTube Channel. <https://www.youtube.com/channel/UCHLnJ3WNpyHyXHg2tixR1eg/videos>

You’ll find videos about individual substances like ‘Ketamine’, essential first aid info for an opiate overdose, an overview of needle exchange and much more.

**Thursday 20th May**

Morning

Last chance to book onto today’s FREE Using Welsh in the Workplace workshop – bookings close at 11am today!

Book your space here <https://www.eventbrite.co.uk/e/law-week-2021-using-welsh-at-work-tickets-154012638949>

Afternoon

Today’s free eLearning course is all about Novel Psychoactive Substances, or NPS for short.

Previously referred to as legal highs, we break down the most up to date information on the complex world of NPS.

You can register for free on the Barod eLearning site, where we have other free courses available as well <https://barod.elearning247.com/>

Anytime

There are some great sources of information out there to find out more about substance misuse and related topics.

Here is a quick guide to our favourite podcasts, videos and experts that you might want to check out

(podcast graphic)

**Friday 21st May**

Morning

Last chance to book onto today’s FREE Social Media and Substances workshop – bookings close at 11am today!

Book you space here <https://www.eventbrite.co.uk/e/law-week-2021-social-media-and-substances-tickets-154022799339>

Afternoon

Emerging trend: Kratom

Kratom use is increasing in some of our services, so use our short guide to get ahead of the curve and find out more about the effects and some handy harm reduction advice (add infographic)

Late afternoon

Thank you for getting involved in Learning At Work Week this week. Get in touch if you want to learn more about substance use and related topics. [www.barod.cymru](http://www.barod.cymru)