



VOLUNTEERING INFORMATION PACK

WHO ARE WE?

Barod (formerly Drugaid Cymru) is a registered charity offering confidential drug and alcohol services under the harm reduction and Recovery models.

We work with individuals, families and communities and anyone affected by substance use. We have both adult and young persons services across most regions across South East and West Wales.

We work closely in partnership with other substance use services to deliver services. Our volunteering opportunities are available in all of the services in which Barod take the lead in delivering. This pack contains information about these services.

OUR VALUES

Barod has 4 strong, integrated values that run throughout all services. We expect our staff and volunteers to work within these values

INTEGRITY: EMPATHY: POSITIVE ATTITUDE: ADAPTABILITY

WHO CAN VOLUNTEER?

At Barod we value all of our volunteers; in fact many of our staff began their career within Barod as a volunteer. We don't require you to have previous experience of working within the Drug and Alcohol field to volunteer with us, nor do you need to have previous experience as a volunteer. We value passion and enthusiasm as highly as experience.

Barod are keen to support change and give opportunities and chances to individuals. We are committed to diversity and equality in all areas of our work. We recognise that the strength of the organisation is built on the understanding of individual strengths and differences and seek to respect these. Many volunteer roles at Barod will be subject to a DBS check, but not all offences will prevent you from becoming a volunteer. We believe in giving people opportunities to improve their lives and prospects, so if you are unsure if your DBS check may prevent you from volunteering, please contact us for more details. The majority of volunteer opportunities are only available to those over 18 years of age, although we do have some specific roles, such as peer educators, which are open to under 18s – please visit our website or contact us for more information.

We are looking for people with open minds and a willingness to learn; who share our values and ethos and who can understand key principles such as having good boundaries and not sharing private information. **So if this is you and you a few hours to spare, we would love to hear from you.**

OUR VOLUNTEER ROLES

Our services will advertise volunteering roles depending on service need and staff capacity to support volunteers. The roles will generally fit into one of these categories:

GENERIC VOLUNTEERS

Generic Volunteers support our caseworkers in all aspects of their role and have the opportunity to complete our Volunteer Development Programme whilst doing so. Volunteers in these roles may go on to find specific tasks/areas they'd like to focus on and develop their understanding of. Roles carried out by our Generic Volunteers include (but aren't limited to) outreach work, front desk duty, needle exchange, dry blood spot testing, one to one sessions, group sessions, initial assessments, and much more.

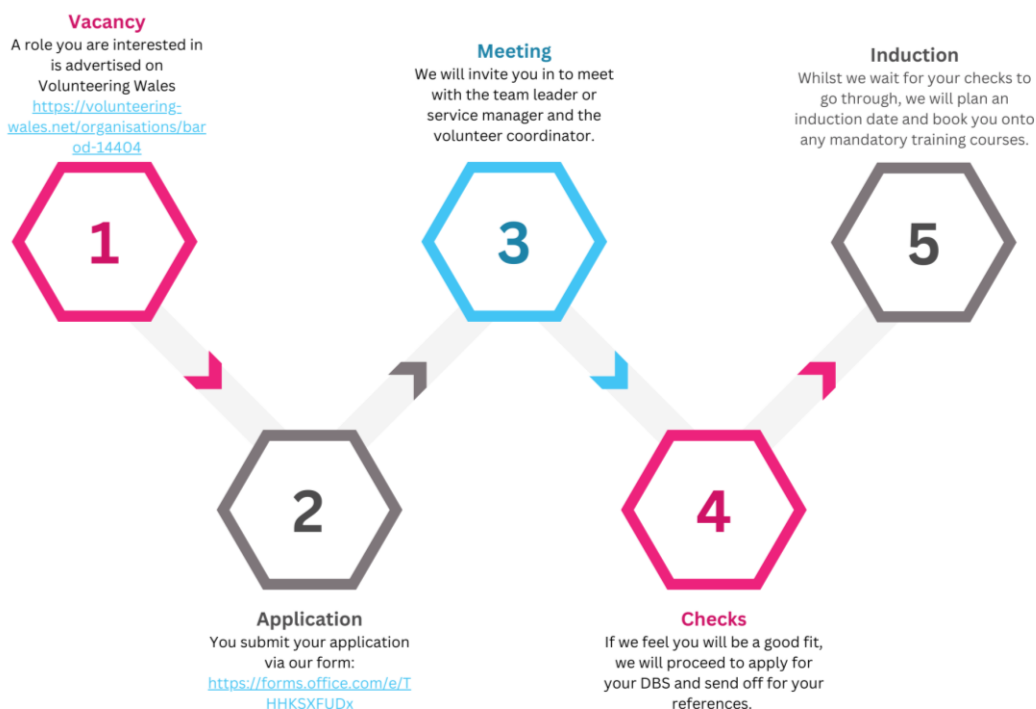
SPECIFIC VOLUNTEER ROLES

Specific volunteer roles are advertised when a service feels they would benefit from the support of a volunteer with specific skills. For example, we have previously advertised roles for volunteers to support with specific groups such as cooking or art, running or creating content for our social media pages, or supporting teams with administration.

PEER ACADEMY/PEER VOLUNTEERS

Our Peer Academy programmes are designed and run for individuals with lived experience. The programme is generally 8 weeks long and allows individuals to learn to use their lived experience to support others. Upon finishing the programme, individuals have the opportunity to step into a peer volunteer role, where they are supported and encouraged to apply their learning into different aspects of the service.

HOW DO I BECOME A VOLUNTEER?



COMPLETING YOUR APPLICATION FORM

- ✓ Please provide as much information as possible on your application form. This gives us the opportunity to find out more about you.
- ✓ Please indicate your qualifications and training as well as your work and volunteering history, as this will allow us to understand your skills and experience. Don't worry if you don't have any formal qualifications, life experience is also very valuable.
- ✓ Using the information provided in this pack, please indicate your preferences for volunteering.
- ✓ Please provide the details of at least one person who can provide a reference. This can be a current or former employer, tutor, case worker, or a member of the community who can provide a character reference.
- ✓ If you have any difficulty completing the form, please contact volunteer@barod.cymru.

APPLICATION, DBS AND REFERENCES

Due to the nature of our services, and to ensure a fair recruitment process we require a completed application form – a CV alone will not be accepted. We also request 2 referees which can be previous employer, tutor or from a previous volunteering placement. If you are concerned about referees please contact the volunteer coordinator for advice.

A criminal records check will also be completed where applicable. A criminal record is not necessarily a barrier to volunteering or employment, again if you have any concerns please contact the volunteer coordinator.

WHAT WE PROVIDE FOR VOLUNTEERS:

- Induction and training
- Support, mentoring and guidance from a trained link worker who is working in the sector
- The opportunity to meet new and interesting people
- Individual Personal Development opportunities
- The chance to get involved in the development of services and of the organisation as a whole
- Opportunities to apply for internal job vacancies
- Reimbursement of travel expenses and a lunch budget when working at least 5 hours.

WHAT WE ARE LOOKING FOR FROM A VOLUNTEER:

We are looking for volunteers who are open-minded, non-judgmental, creative, supportive and willing to learn. We are looking for enthusiasm and we value individuals who have ideas and who like being around people.

We expect our volunteers to have an empathy and understanding around substance use and the ability to see things from the service users point of view, as well as being able to understand and follow the boundaries, policies and procedures of the organisation.

All volunteers are expected to undertake a range of core activities, where they are available, which would include such tasks as office and administration duties, general reception and hospitality duties, awareness raising activities and helping to support our drop-in centres.

STUDENTS

If you are a student looking for a placement, work experience or volunteering to support your studies, please contact volunteer@barod.cymru, with as much detail about your requirements as possible.

FURTHER INFORMATION

Advertisements for all volunteering opportunities roles can be found on the Barod website:

<https://barod.cymru/about-us/about-barod/volunteer-with-us/>

Further advice and information about volunteering with Barod or any other agency can be sought from your local volunteer centre. A full list of volunteer centres can also be found on the Volunteering Wales Website, in both Welsh and English.

CONTACTS:

For all volunteering enquiries please email volunteer@barod.cymru